## **CHICAGO PARK DISTRICT**

# Foster Park | Fall 2025 | September 15th - December 7th

1440 w 84th St. | 312-747-7612 [pool] | 312-747-6135 [park]

| TIME          | MON                           | TUE                          | WED                           | THU                           | FRI                           | TIME   | SAT                           | SUN    |     |  |
|---------------|-------------------------------|------------------------------|-------------------------------|-------------------------------|-------------------------------|--|-------------------------------|--------|-----|--|
| 7:00-8:45am   | Lap Swim                      | Lap Swim                     | Lap Swim                      | Lap Swim                      | Lap Swim                      | 9:00-10:00   | Adult Swim                    |        |     |  |
| 9:00-10:00am  | Senior Aquatic<br>Exercise II | Senior Aquatic<br>Exercise I | Senior Aquatic<br>Exercise II | Senior Aquatic<br>Exercise II | Senior Aquatic<br>Exercise II | 10:00-11:00  | Adult Aerobics<br>High Impact |        |     |  |
| 10:00-11:00am | Senior Learn to<br>Swim       | Senior Aerobics<br>II        | Senior Learn to<br>Swim       | Senior Aerobics<br>II         | Senior Aerobics<br>II         | 11:00-12:00  | Adult<br>Learn to Swim        | L<br>L | SED |  |
| 11:00-12:00pm | Home School                   | Adult Swim                   | Home School                   | Adult<br>Learn to Swim        | Home School                   | 12:00-1:00   | Tiny Tots 1                   |        | CLO |  |
| 12:00-1:00pm  | Adult Swim                    | Adult Swim                   | Tiny Tots 1                   | Adult Swim                    | Adult Swim                    | 1:00-2:00  | Tiny Tots 2                   |        |     |  |
| 1:00-3:00pm   | Lap Swim                      | Lap Swim                     | Lap Swim                      | Lap Swim                      | Lap Swim                      | 2:00-3:00  | Youth<br>Learn to Swim        |        |     |  |
| 3:00-4:00pm   | Youth Swim                    | School Youth<br>Program      | Youth Swim                    | School Youth<br>Program       | Youth Swim                    | 3:00-4:30  | Open Swim                     | _      |     |  |
| 4:00-5:00pm   | Teen Swim                     | Youth<br>Learn to Swim       | Tiny Tots<br>2                | Youth<br>Learn to Swim        | Youth<br>Learn to Swim        | OPEN SWIM DESCRIPTIONS Tot Family Swim   |                               |        |     |  |
| 5:00-6:00pm   | Team Sports                   | Team Sports                  | Team Sports                   | Team Sports                   | Team Sports                   | Max. Age for Tot is 6 years old.  Parent & Child Swim     Maximum 3 kids per adult.     Adult must accompany children in water     For children 17 years or younger with adult |                               |        |     |  |
| 6:00-7:00pm   | Adult Aquatic<br>Ex. III      | Adult Aquatic<br>Ex. III     | Adult Aquatic<br>Ex. III      | Team Sports                   | Team Sports                   |  |                               |        |     |  |

Parent & Child

Swim

### \*\*PLEASE NOTE:

7:00-8:00pm

No classes for the following TCB dates: 10/27-11/1 and 11/24-11/29 Pool Closed on December 13th for swim meet

CPD Polo Club

(7pm-9pm)



For more information about your Chicago Park District visit www.chicagoparkdistrict.com or call (312) 742-PLAY City of Chicago, Brandon Johnson, Mayor **Chicago Park District Board of Commissioners** Chicago Park District, Carlos Ramirez-Rosa General Superintendent & CEO

CPD Polo Club

(7pm-9pm)

Adult Learn to

Swim

#### Youth Swim

Parent & Child

Swim

• Minimum height requirement is 42"

#### Lap Swim

• Current Lap Swim Membership Required and I.D.

# Pool Rules & Regulations

- 1. Obey the lifeguards and follow pool rules. They are there for your safety.
- 2. All persons are required to shower before entering the pool area.
- 3. Food and drink are not permitted in the pool area.
- 4. No smoking allowed in the pool area.
- 5. Clean swimwear is required.
- 6. No running allowed on pool deck.
- 7. Only clean footwear or wheelchairs are allowed in the pool area. Persons in street clothes and street shoes are not allowed on the pool deck.
- 8. Persons with open wounds, excessive sunburn, abrasions that have not healed, or bandages of any kind cannot be allowed in the water.
- 9. Except during Park District classes, SCUBA gear is not allowed in the pool.
- 10. No flotation devices may be used in the pool, unless US Coast Guard Approved Flotation Device.
- 11. Parent & Child Swim Parents/Guardians must accompany children in the water.
- 12. Children 8 and under, who are not at least 8" taller than the shallow end must be accompanied by an adult.
- 13. Only Chicago Park District Aquatics Unit employees are permitted to teach aquatic classes or coach aquatic programs in pools or at beaches staffed by Chicago Park District Lifeguards. Private instruction or lessons from patrons are not permitted. Patrons attempting to coach or provide instruction during lap swim, open swims and parent & child swims will be asked to stop. If they continue to violate this policy, they will be required to leave the premises.