

CHICAGO PARK DISTRICT

Portage Park | Winter 2026 | January 5– March 15
 4100 N Long Ave | (773) 685-7189 [Indoor Pool] | (773) 685-7235 [Park]

TIME	MON	TUE	WED	THU	FRI	TIME	SAT	SUN
8:15-9:15am	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim	9:15-10:15am	Adult Swim	CLOSED
9:30-10:30am	Adult Swim	Senior-Aquatic Exercise II	Senior-Aquatic Exercise III	Senior-Aquatic Exercise II	Senior-Aquatic Exercise III	10:30am-11:30am	Tiny Tot II	
10:45-11:45am	Adult Swim	Tiny Tot I	Tiny Tot II	Tiny Tot I	Tiny Tot II	11:45-12:45pm	Youth Learn to Swim	
12:00-1:00pm	Adult Swim	Tiny Tot II	Adult Swim	Tiny Tot II	Adult Learn to Swim	1:00-2:00pm	Youth Learn to Swim	
1:15-3:30pm	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim	2:15-3:15pm	Parent & Child Swim	
4:00-5:00pm	Youth Swim	Youth Learn to Swim	Youth Learn to Swim	Youth Learn to Swim	Youth Learn to Swim	3:30-4:30pm	Adult Swim	
5:15-7:15pm	TEAM Sports	TEAM Sports	TEAM Sports	TEAM Sports	Tiny Tot II 5:15-6:15pm			
					TEAM Sports 6:15-7:15pm			
7:30-8:30pm	Adult Swim	Parent & Child Swim	Adult Swim	Parent & Child Swim	Parent & Child Swim			

PLEASE NOTE: Holiday hours – 1/19, 2/12, 2/16
The following activities will not run during TCB week 2/9-2/13

- *Aquatic Exercise/Seniors
- *Open Swim /All
- *Team Sports

- *Learn to swim/Seniors
- *Lap Swim

OPEN SWIM DESCRIPTIONS:

- Parent & Child Swim**
 - Maximum 3 kids per adult.
 - Adult must accompany children in water
 - For children 17 years or younger with an adult
- Adult Swim**
 - Must be over 18
- Open Swim**
 - All Ages
- Youth Swim**
 - Minimum height requirement is 42"
- Lap Swim**
 - Membership is needed \$25/month or \$42/3month



City of Chicago, Brandon Johnson, Mayor
 Chicago Park District Board of Commissioners
 Chicago Park District, Carlos Ramirez-Rosa General Superintendent & CEO

For more information about your Chicago Park District
 visit www.chicagoparkdistrict.com or call (312) 742-PLAY

Pool Rules & Regulations

1. Obey the lifeguards and follow pool rules. They are there for your safety.
2. All persons are required to shower before entering the pool area.
3. Food and drink are not permitted in the pool area.
4. No smoking allowed in the pool area.
5. Clean swimwear is required.
6. No running allowed on pool deck.
7. Only clean footwear or wheelchairs are allowed in the pool area. Persons in street clothes and street shoes are not allowed on the pool deck.
8. Persons with open wounds, excessive sunburn, abrasions that have not healed, or bandages of any kind cannot be allowed in the water.
9. Except during Park District classes, SCUBA gear is not allowed in the pool.
10. No flotation devices may be used in the pool, unless US Coast Guard Approved Flotation Device.
11. Parent & Child Swim Parents/Guardians must accompany children in the water.
12. Children 8 and under, who are not at least 8" taller than the shallow end must be accompanied by an adult.
13. Only Chicago Park District Aquatics Unit employees are permitted to teach aquatic classes or coach aquatic programs in pools or at beaches staffed by Chicago Park District Lifeguards. Private instruction or lessons from patrons are not permitted. Patrons attempting to coach or provide instruction during lap swim, open swims and parent & child swims will be asked to stop. If they continue to violate this policy, they will be required to leave the premises.