

# CHICAGO PARK DISTRICT

Ridge Park | Winter 2026 | January 5th – March 15, 2026  
 9625 s. Longwood 312.747-0402 (pool) 312.747-6639 (park)

TIME	MON	TUE	WED	THU	FRI	TIME	SAT	SUN
7:00-8:45	Lap Swim	Adult Swim	Lap Swim	Adult Swim	Lap Swim	9:00-10:00	Lap Swim	Lap Swim
9:00-10:00	Senior Aqua	Senior Aqua	Senior Aqua I	Senior Aqua	Senior Aqua I	10:00-11:00	Tiny Tot I	Tiny Tot I
10:00-11:00	Tiny Tot I	Tiny Tot I	Tiny Tot I	Tiny Tot II	Tiny Tot I	11:00-12:00	Tiny Tot II	Tiny Tot II
11:00-12:00	Tiny Tot II	Tiny Tot II	Tiny Tot II	Adult LTS	Tiny Tot II	12:00-1:00	Youth LTS	Youth LTS
12:00-1:00	Senior Swim	Senior Swim	Senior Swim	Senior Swim	Senior Swim	1:00-2:00	Aqua II	Youth LTS
1:00-2:45	Adult Swim	Lap Swim	1:00 In Service 1:30 Adult Swim	Lap Swim	Adult Swim	2:00-3:00	Parent and Child swim	Parent and child
3:00-4:00	Youth Swim	Tiny Tot II	Youth Swim	Tiny Tot II	Open Swim	3:00-3:45	Adult Swim	Adult Swim
4:00-5:00	Youth LTS	Youth LTS	Youth LTS	Youth LTS	Tiny Tot III			
5:00-6:00	Team Sports	Team Sports	Team Sports	Team Sports	Team Sports			
6:00-7:00	Team Sports	Team Sports	Team Sports	Team Sports	Team Sports			
7:00-8:00	Adult LTS	Aqua III	Aqua III	Aqua III	Team Sports			
8:00-8:45	Parent and child swim	Lap Swim	Adult Swim	Lap Swim	Team Sports			

TCB Week 2/9-2/15 No classes

## OPEN SWIM DESCRIPTIONS:

### Parent and Tot Swim

- Max. Age for Tot is 6 years old.

### Parent & Child Swim

- Maximum 3 kids per adult.
- Adult must accompany children in water
- For children 17 years or younger with an adult

### Adult Swim

- Must be over 18

### Open Swim

- All Ages

### Lap Swim

- Membership is needed \$25/month or \$42/3month

## Pool Rules & Regulations

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1. Obey the lifeguards and follow pool rules. They are there for your safety.
2. All persons are required to shower before entering the pool area.
3. Food and drink are not permitted in the pool area.
4. No smoking allowed in the pool area.
5. Clean swimwear is required.
6. No running allowed on pool deck.
7. Only clean footwear or wheelchairs are allowed in the pool area. Persons in street clothes and street shoes are not allowed on the pool deck.
8. Persons with open wounds, excessive sunburn, abrasions that have not healed, or bandages of any kind cannot be allowed in the water.
9. Except during Park District classes, SCUBA gear is not allowed in the pool.
10. No flotation devices may be used in the pool, unless US Coast Guard Approved Flotation Device.
11. Parent & Child Swim Parents/Guardians must accompany children in the water.
12. Children 8 and under, who are not at least 8" taller than the shallow end must be accompanied by an adult.



13. Only Chicago Park District Aquatics Unit employees are permitted to teach aquatic classes or coach aquatic programs in pools or at beaches staffed by Chicago Park District Lifeguards. Private instruction or lessons from patrons are not permitted. Patrons attempting to coach or provide instruction during lap swim, open swims and parent & child swims will be asked to stop. If they continue to violate this policy, they will be required to leave the premises.