

CHICAGO PARK DISTRICT

Sheridan Park Pool Schedule | PRE-FALL 2026 | Sept. 8 - Sept. 19, 2026

910 S. Aberdeen St | Pool 312-746-5370 | Park 312-746-5369

TIME	MON	TUE	WED	THU	FRI	TIME	SAT	SUN
7:00am-8:00am	Lap Swim	Smelts	Lap Swim	Smelts	Lap Swim	9:00am - 10:00am	Smelts	
8:00am-9:00am	Lap Swim	Adult Swim	Lap Swim	Adult Swim	Lap Swim	10:00am-11:00am	Parent/Tot Swim	CLOSED
9:00am-10:00am	Parent and Tot Swim	Parent and Tot Swim	Parent and Tot Swim	Parent and Tot Swim	Parent and Tot Swim	11:00am-1:00pm	Open Swim	
10:00am-11:00am	Senior Swim	Senior Swim	Senior Swim	Senior Swim	Senior Swim	1:00pm-3:00pm	Lap Swim	
11:00am-1:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	3:00pm-4:30pm	Open Swim	
1:00pm-3:00pm	Parent and Child	Parent and Child	Parent and Child	Parent and Child	Parent and Child			
3:00pm-5:00pm	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim			
5:00pm-7:00pm	Team Sports	Team Sports	Team Sports	Team Sports	Team Sports			
7:00pm-8:45pm	CPD Club	CPD Club	CPD Club	CPD Club	CPD Club			

NOTE:
2-Week Pool Schedule

OPEN SWIM DESCRIPTIONS:

Parent and Tot Swim

- Max. Age for Tot is 5 years old.

Open Swim

- Maximum 3 kids per adult.
- Adult must accompany children in water

Youth/Teen Learn to Swim

6-17 yrs. old

Lap Swim

- Membership is needed \$25/month or \$42/3month



City of Chicago, Brandon Johnson, Mayor
Chicago Park District Board of Commissioners
Chicago Park District, Carlos Ramirez-Rosa General Superintendent & CEO

For more information about your Chicago Park District
visit www.chicagoparkdistrict.com or call (312) 742-PLAY

Pool Rules & Regulations

1. Obey the lifeguards and follow pool rules. They are there for your safety.
2. All persons are required to shower before entering the pool area.
3. Food and drink are not permitted in the pool area.
4. No smoking allowed in the pool area.
5. Clean swimwear is required.
6. No running allowed on pool deck.
7. Only clean footwear or wheelchairs are allowed in the pool area. Persons in street clothes and street shoes are not allowed on the pool deck.
8. Persons with open wounds, excessive sunburn, abrasions that have not healed, or bandages of any kind cannot be allowed in the water.
9. Except during Park District classes, SCUBA gear is not allowed in the pool.
10. No flotation devices may be used in the pool, unless US Coast Guard Approved Flotation Device.
11. Family Swim Parents/Guardians must accompany children in the water.
12. Children 8 and under, who are not at least 8" taller than the shallow end must be accompanied by an adult.
13. Only Chicago Park District Aquatics Unit employees are permitted to teach aquatic classes or coach aquatic programs in pools or at beaches staffed by Chicago Park District Lifeguards. Private instruction or lessons from patrons are not permitted. Patrons attempting to coach or provide instruction during lap swim, open swims and parent & child swims will be asked to stop. If they continue to violate this policy, they will be required to leave the premises.